



Nature Center
AT SHAKER LAKES

MEDIA ADVISORY

For Immediate Release

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Save the Date! The Nature Center Hike & Run

Tuesday, September 21, 2010 – The Nature Center at Shaker Lakes will host its annual Hike & Run, Saturday, October 2, 2010. The event benefits the Nature Center and the Jenny Goldman Outreach Fund. Jenny was a young naturalist dedicated to teaching children, especially inner-city youth, about the joys of nature. She died in a car accident in 2004. The Jenny Goldman Outreach Fund helps provide education and experiences in nature to underserved urban youth from Cleveland. The Hike & Run includes the following:

5K Race

The race course will be set up along the scenic Shaker Lakes and Nature Center habitats.

12-Mile Hike to Dike 14

The 12-mile hike leads to Dike 14 on Lake Erie and back to the Nature Center.

One-Mile Pet Friendly Hike for Families

Hike along the Nature Center trails visiting the forest marsh and prairie, and hunt for treasures along the way! Pets must be leashed at all times.

Two-Mile Doan Brook Gorge Hike

Hike along the Shaker Parklands and the scenic Doan Brook in the Doan Brook Gorge. We'll explore the habitats, history, and geology of this unique area called the Portage Escarpment, the beginnings of the Appalachian mountain range.

Who: The Nature Center at Shaker Lakes
Presenting Sponsor Baker Hostetler

What: Nature Center Hike & Run

When: October 2, 2010
Registration 8am
Hikes begin 9am
Race begins 9:15am

Where: 2600 South Park Boulevard, Cleveland, Ohio

Registration: Register online at www.hmapromotions.net

Cost: Adults \$15 (pre-register by 9/29, \$20 after 9/29)
Children \$5 (age 12 and under/Scouts/Student Club members)
Hike with your family! \$35 (Max 2 adults and 4 kids)